

Re-Source.Coaching

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Examples of interventions

- >Team coaching on management of stressful situations, letting go and dealing with emotions.
- >Executive coaching, and CEO accompaniment.
- >Developing your own managerial skills and opening to responsible leadership.
- > Accompaniment foundation of collaborators, develop interpersonal communication and gain impact in communication, integrate the posture of coach-manager.
- >Managerial tools: «The Fundamentals of Management» «Management of Time and priorities» «Delegation»
- >Develop self-confidence, Self-Management, Resonant Leadership.

Coaching and teamwork in the improvement of the strategy and communication

Interventions for the prevention of psychosocial risks with the staff of Health Establishments

Team-Coaching based on the *Multidimensional Perceptual Analysis Concept*: learning how to manage Emotions, Negative Beliefs and Limitations and transform them in resources, proactivity and success

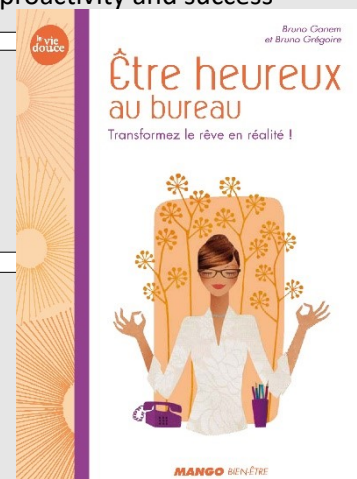
Expertise

Methodology of emotional management of stressful situations

Emotional Intelligence. Development of Soft skills.

Management and benevolent Leadership. Interpersonal Communication.

Neurosciences Approach.



Co-author of "Être heureux au bureau". Editions of the 2011-Mango.

Background

Communication and Support:

NLP Coaching Practitioner-Master degree in NLP (certified)

Professional Coaching (Certified)

Practitioner in appreciative approach "Appreciative inquiry" (IFAI)

Training in risk prevention techniques INRS (National Institute for Research and Sécurité)

Emotional Intelligence

Positive Psychology-Mooc University of North Carolina & Chapell Hill

Inspiring leadership through emotional intelligence – Mooc Case Western Reserve University

Leading Positive Change through Appreciative Inquiry-MOOC Case Western Reserve University

Management and Business

Organization engineer, ISGA. 3 ° Audit and business management cycle. KEDGE-Business School, Marseille

Biology and physiology

Master of cell biology and physiology Faculties of Sciences Marseille

Certificate in Behavioral Neuroscience

Other skills

Instructor in Meditation Techniques

training in Sophrology Caycédiennne

Previous experiences

20 ans of experience in the pharmaceutical industry (Key Account Manager) at healthcare institutions:

GSA Mission Instel Chemical Laboratory-2007-2009-Baxter SA-1999-2007 Laboratory-laboratory Zambon-Biomédica-1994-1998-laboratory Baxter-1991-1994-laboratory Cordis-1988-1990